



ATHKAAR / DU'AA FOR THE MORNING & EVENING

"لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ".

Laa 'ilaaha 'illallaahu wahdahu laa shareeka lahu, lahul-mulku wa lahul-hamdu, wa Huwa 'alaa kulli shay'in Qadeer.

None has the right to be worshipped but Allah alone, Who has no partner. His is the dominion and His is the praise and He is Able to do all things . (Recite ten times Morning and Evening ¹ in Arabic or one time to ward off laziness.)²

¹Allah will write ten Hasanaat (rewards) for whoever recites this ten times in the morning, and forgive him ten misdeeds and give him the reward of freeing ten slaves and protect him from Satan. Whoever recites this ten times in the evening will get this same reward. An-Nasa'i. Its chain of transmission is sound (Sahih). Albani 1/272. Abu Hurayrah narrated that the Prophet (peace be upon him) said: "Allah will write one hundred Hasanat for whoever says There is no God but Allah alone, He has no partner. To Allah is possession of everything, and to Him all praise is. He is Capable of all things' ten times in the morning, and forgive him one hundred misdeeds. He will have the reward of freeing a slave and will be protected from Satan throughout the day unto dusk. Whoever says it in the evening will have the same reward." Ahmad 8/704, 16/293. Its chain of transmission is good (Hasan), Ibn Baz, p. 44.

² Whoever recites this in the morning, will have the reward of freeing a slave from the Children of Isma'il. Ten Hasanaat (rewards) will be written for him, and he will be forgiven ten misdeeds, raised up ten degrees, and be protected from Satan until evening. Whoever says it in the evening will have the same reward until morning. Abu Dawud 4/319, 3/957, Ahmad 4/ 60, Ibn Majah 2/331, Ibn Al-Qayyim Zadul-Ma'ad 2/388. Its chain of transmission is sound (Sahih). Al-Albani 1/270.

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ

Subhaan-Allaahi wa Bihamdihi.

Glory is to Allah and praise is to Him. (Recite one hundred times in Arabic).

"Whoever recites this one hundred times in the morning and in the evening will not be surpassed on the Day of Resurrection by anyone having done better than this except for someone who had recited it more. " Al-Bukhari

And in another narration in Bukhaari ... whoever says it one hundred times a day, will be forgiven all his sins even if they were as much as the foam of the sea.



Abu Dharr narrated that:

The Messenger of Allah (ﷺ) said: “Whoever says at the end of every Fajr prayer, while his feet are still folded, before speaking: ‘None has the right to be worshipped but Allah, Alone without partner, to Him belongs all that exists, and to Him is the praise, He gives life and causes death, and He is powerful over all things, (Lā ilāha illallāh, waḥdahū lā sharīka lahu, lahuḥ-mulku wa lahuḥ-ḥamdu, yuḥyī wa yumītu, wa huwa ‘alā kulli shay’ in qadīr)’ ten times, then ten good deeds shall be written for him, ten evil deeds shall be wiped away from him, ten degrees shall be raised up for him, and he shall be in security all that day from every disliked thing, and he shall be in protection from Shaitan, and no sin will meet him or destroy him that day, except for associating partners with Allah.”

Hasan – At-Tirmithi

عَنْ أَبِي ذَرٍّ، أَنَّ رَسُولَ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ قَالَ " مَنْ قَالَ فِي دُبُرِ صَلَاةِ الْفَجْرِ وَهُوَ ثَانِي رَجْلَيْهِ قَبْلَ أَنْ يَتَكَلَّمَ لَا إِلَهَ إِلَّا اللَّهُ وَخَذَهُ لَا شَرِيكَ لَهُ لَهُ الْمَلِكُ وَلَهُ الْحَمْدُ يُحْيِي وَيُمِيتُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ عَشْرَ مَرَّاتٍ كُتِبَ لَهُ عَشْرُ حَسَنَاتٍ وَمُحِي عَنْهُ عَشْرُ سَيِّئَاتٍ وَرُفِعَ لَهُ عَشْرُ دَرَجَاتٍ وَكَانَ يَوْمَهُ ذَلِكَ فِي حِرْزٍ مِنْ كُلِّ مَكْرُوهٍ وَحَرَسٍ مِنَ الشَّيْطَانِ وَلَمْ يَنْبَغِ لِدُنْبٍ أَنْ يُدْرِكَهُ فِي ذَلِكَ الْيَوْمِ إِلَّا الشِّرْكَ بِاللَّهِ " . قَالَ هَذَا حَدِيثٌ حَسَنٌ غَرِيبٌ صَحِيحٌ

Abu Hurairah (May Allah be pleased with him) reported:

The Messenger of Allah (ﷺ) said, "He who utters a hundred times in a day these words: 'La ilaha illallahu, wahdahū la sharīka lahu, lahuḥ-mulku wa lahuḥ-ḥamdu, wa Huwa 'ala kulli sha'in Qadir (there is no true god except Allah. He is One and He has no partner with Him; His is the sovereignty and His is the praise, and He is Omnipotent),' he will have a reward equivalent to that for emancipating ten slaves, a hundred good deeds will be recorded to his credit, hundred of his sins will be blotted out from his scroll, and he will be safeguarded against the devil on that day till the evening; and no one will exceed him in doing more excellent good deeds except someone who has recited these words more often than him. And he who utters: 'Subhan-Allahi wa bihamdihi (Allah is free from imperfection and His is the praise)' one hundred times a day, his sins will be obliterated even if they are equal to the extent of the foam of the ocean." (Mutafiqun 'Alayhi - Al-Bukhari and Muslim)



أن رسول الله صلى الله عليه وسلم قال: "من قال لا إله إلا الله وحده لا شريك له، له الملك، وله الحمد، وهو على كل شيء قدير، في يوم مائة مرة كانت له عدل عشر رقاب وكتبت له مائة حسنة، ومحيت عنه مائة سيئة، وكانت له حرزاً من الشيطان يومه ذلك حتى يمسي، ولم يأت أحد بأفضل مما جاء به إلا رجل عمل أكثر منه" وقال: "من قال سبحان الله وبحمده، في يوم مائة مرة حطت عنه خطاياه وإن كانت مثل زبد البحر" ((متفق عليه)).